

# Control Panel on the ADHD Dashboard

When these get low, like the fuel gauge shows when the gas in the tank runs low, then it is in my best interest to stop and refill them!



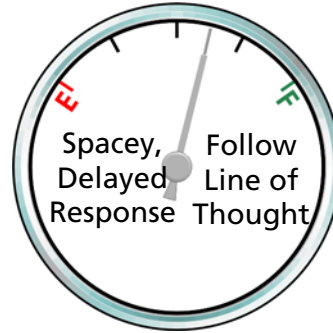
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**Control of Focus Gauge**



**Control of Consistency Gauge**



**Control of Association Gauge**



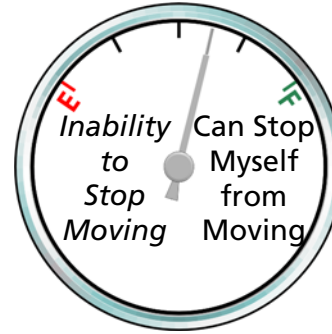
**Control of Sensory Gauge**



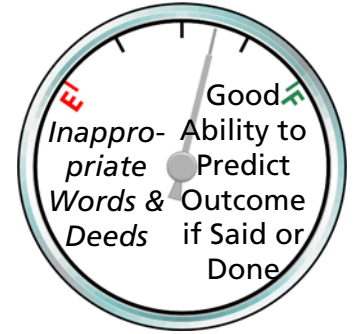
**Control of Memory Gauge**



**Control of Time & Place Gauge**



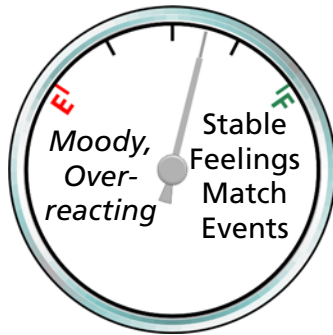
**Control of Motor Gauge**



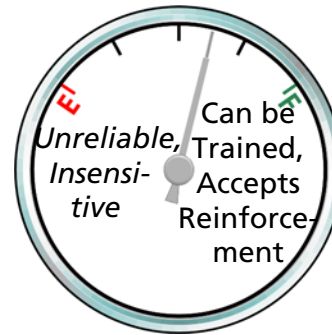
**Control of Behavior Gauge**



**Control of Social Group Gauge**



**Control of Emotions Gauge**



**Control of Quality Gauge**



**Control of Appetite Gauge**